



MIAMISBURG BASKETBALL PARENT/PLAYER/COACH GUIDELINES



GENERAL COACHES GUIDELINES

1. Be Everyone's Coach

As the saying goes, "there is no I in TEAM." Let everyone contribute. That goes for your own kids, too. If you coach your own child, be sure not to shine the light too bright or too low on them. Treat everyone the same.

2. Appreciate Your Assistants

No basketball coach can do it all. Find a good assistant or two, give them responsibility and never stop thanking them.

3. Focus on the Fundamentals

Help your players master the basketball basics. Wins and losses come and go, but you only get one chance to develop a player's skills. The fundamentals of basketball are the foundation for every individual play, offensive or defensive strategy, and every move that your players make. The best players have perfected the basics of the game. Learning and mastering these basics make the rest of the game much easier!

4. Teach and Enforce Good Sportsmanship

Spend time at practice and before games explaining to your team how to behave after a win or a loss. Good sportsmanship means no trash talking or taunting. Teach your players to develop a positive relationship with the officials. Have the courage to enforce sportsmanship if one of your players misbehaves. That's the key.

5. Understand the Rules of the Game

Read the NHSF basketball rulebook that we provide you. Also, read the specific rules for the Dayton Metro Conference. For any rules not specifically stated in the Dayton Metro rules, please refer back to OHSAA rules. You can't expect your players to know the rules if you do not.

6. Have a Positive Rapport with the Officials

Officials will not respond positively if you try to bully or intimidate them. Instead, act like an adult. Ask questions if necessary. Seek clarification if it's warranted. Set the right tone for your team by never arguing a call or disparaging an official.

7. Promote Fun

Avoid getting too serious. Don't get crazy about winning. Make sure you smile. Above all else, make sure the kids are having fun. If they aren't, then you are doing something wrong.

8. Be Patient

Young players are going to miss shots. They're going to make crucial turnovers. They're going to commit needless fouls. They need the freedom to make mistakes. It's your job to help them learn from those mistakes. That takes time and patience.

9. Talk to the Parents and Understand Their Goals

From the first practice, talk with the parents. Explain your coaching philosophy. If a parent has a particular concern, give them the opportunity to discuss it with you. Parents come to games to see their kids play. Make sure every player has the opportunity to make a contribution.



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GENERAL PLAYER GUIDELINES

1. **Have Fun**

While winning basketball games is really fun and exciting, that means nothing if you are not having fun. Win or lose you play basketball because it is fun!

2. **Sportsmanship**

Show respect to everyone you interact with while playing including teammates, opposing players, coaches, and the referees. Playing basketball is more than being able to dribble, shoot and pass – it is about displaying a high level of sportsmanship. How you handle yourself while you are winning or losing should still be respectful and positive. Never give up during a game – how you react and play when you are down says a lot about your character.

3. **Commitment to the Team**

Be a good teammate first! The goals and success of your team should be more important than you own personal goals. Understand your role your coach determines is best for the team. The COACHES will decide what role you will play on the team. This will be where you benefit the team the most. As the season goes on, your role(s) may change as your abilities improve and/or the needs of the team change.

4. **Playing Time**

You can expect to play in every game unless you are hurt or there is a discipline issue. You and your parent will know beforehand, unless it happens in the game which then will be talked about after game with your parent. How much depends playing time you receive is ultimately the coaches decision. If you have a question about how much playing time you are getting, talk to your coach to see what you can do to change that. **You earn your playing time in practice! Play in every practice like it's a game always doing your best and working to improve your game.**

5. **Listen to your Coaches**

The saying goes “you listen with your eyes”. When your coach is talking you should be 100% focussed on them. You shouldn't be talking or goofing off and distracting your teammates. Listening and respecting your coach and their decisions is part of being a good teammate.

6. **Player Improvement**

Our goal is for you to develop as a player and an individual. Work hard to get better everyday not only on the court, but off the court as well. Talk to your coach to see which areas of your game you can work on to get better. Do not be afraid to make mistakes! Look at your mistakes as learning opportunities and valuable opportunities for improvement.



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GENERAL GAME GUIDELINES

Players:

1. **Be on Time**

Show up for games at the time your coach determines, whether it be 15 or 30 minutes before tipoff. Your coach has a game plan for every game your team will play. If you are going to be late or absent, please inform your coach. Nothing is worse for a coach to plan for your role in an upcoming game and you do not show up without notifying them.

2. **Be Positive**

Part of being a good teammate is having a positive attitude during games whether your team is winning or losing. Always encourage your teammates especially when they make mistakes. Be positive with the referees. Just like you they will make mistakes and they are learning and improving every game just like you. Your attitude during the game whether it be on the court or on the bench says a lot about your character and can greatly affect your team's performance.

3. **Do Your Best**

Always give 100% effort from the tip off to the final buzzer. No matter how you or your team are playing during a game, never give up and play each possession as if it was the most important one of the game.

Parents:

1. **Where To Sit**

NO PARENTS should sit directly behind the bench or beside the bench during games. The point of this is to prevent distractions during the game and to ensure that the coach has each player's full attention during the game. This can be tougher depending on the venue we play at, but use your common sense on this.

2. **Parent Coaching**

Please NO PARENT COACHING during the game. Parents are encouraged to praise the players, but coaching them during the game takes attention away from the instructions their coaches are trying to give them. Coaches will NOT talk to parents during the game about a situation with your player unless for an injury. If you need to talk to the coaches, do this before/after the game or call the coach at a different time.

3. **Be Positive**

All of the kids, coaches, and referees are doing their best. Positively cheer for not only your child, but for every child on the team. **IT IS NOT ACCEPTABLE TO MAKE NEGATIVE COMMENTS DURING A GAME ABOUT ANY PLAYER, COACH, OTHER PARENT, OR AN OFFICIAL.**



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4. **Your Child's Playing Time**

You can expect your child to play in every game unless you are hurt or there is a discipline issue. You and your parent will know beforehand, unless it happens in the game which then will be talked about after game with you. How much depends playing time you receive is ultimately the coaches decision. If you have a question about how much playing time you are getting, talk to your coach to see what you can do to change that. **Your child earns their playing time in practice!**

5. **Behavior and Respect**

- a. Be RESPECTFUL of the coaches, players, and referees. They are doing their best and they will make mistakes. At this level EVERYONE is still learning. Players are learning to play the game, coaches are constantly learning how to manage a game, and the referees are constantly working to improve how they call a game.
- b. Remember that there are lots of eyes of you and our children are still learning proper behavior and respect.
- c. IT IS 100% UNACCEPTABLE TO SAY ANYTHING NEGATIVE ABOUT ANOTHER CHILD ON THE TEAM. Any instances where this occurs and becomes an issue will be dealt with appropriately.
- d. ALL interaction with the opposing team, including parents, coaches, and players is to be 100% positive. NEVER direct negative comments towards any member of the opposing team.
- e. **If you are removed from a game by a referee, coach, monitor, or MBA Board member, you will serve a TWO game suspension. A second occurrence will result in a suspension for the remainder of the season.**
- f. DO NOT ALLOW YOUR BEHAVIOR DURING A GAME TO BECOME AN ISSUE.
- g. **Remember, as parents you are a part of the team, the MBA, and Miamisburg and your actions reflect how others perceive our organization. The MBA strives to be remembered as one of integrity and respect.**

GENERAL PRACTICE GUIDELINES

1. **Attendance**

Coaches spend a great deal of time planning their practices and are created with the assumption everyone will attend. If your child will be late or absent from practice, please let the coach know as soon as possible.

2. Parents are more than welcome to attend practice, however your behavior should be the same as if it were a game.
3. Missing numerous unexcused practices can and will affect your child's playing time.

REMEMBER, PLAYING TIME IS EARNED IN PRACTICE!



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As a Coach, Parent or Player, I understand what is expected of me and will abide by all rules and guidelines from the MBA, the Dayton Metro, and the OHSAA. I also understand by not following these guidelines, I could be disciplined.

Coach - _____

Date : _____

Coach - _____

Date : _____

Coach - _____

Date : _____

Parent - _____

Date: _____

Player - _____

Date: _____

If player, please provide:

Grade - _____

Coach - _____